

IDO(H)ARTT: Intention, Desired Outcome, How, Activities/Agenda, Roles, Rules and Time

Intention:
What is the intention, or the purpose, of this journey. Why are you doing this, why is it important?

Desired Outcome in May: what do you expect to have learned, what will be achieved? Think of Skills, Knowledge, ...

Activities, Agenda: How would you like to reach these desired outcomes? What can you do to get there? how would you like to learn? what will you be practicing? How does your agenda look like the coming six weeks?

Roles & Rules: what do you expect students, teachers, trainers to do? How do you want to work together? what could be our 'rules of the road'?

Time: when will we meet, in what kind of groups? How do you spend your time in between these meetings?