



Instituut voor
Sociale
Opleidingen



JACCO WOLTERS

Ready4Exchange Team

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IT798/2008

ready4life.org

074-127-NPO



INTERNSHIP PLACEMENT – LEARNING COMMUNITY

Ready4Life Trust - HD

301 (Macedon), 26 Tyrwhitt Avenue, Rosebank, Johannesburg

Ready4Life Trust – Port Elizabeth

227 Villers Road, Walmer, Port Elizabeth

Ready4Life Trust – Pietermaritzburg

54 Oakleigh Avenue, Wembley, Pietermaritzburg

Ready4Life Trust – Muizenberg/Hout Bay, Cape Town

Website: www.ready4life.ngo

Contact Person: Jacco Wolters, Coordinator Ready4Exchange Team (Dutch-speaking)

[Aanmeldingsformulier](#) of scan de QR code

Relevant Profile: Welzijn en Samenleving/ Zorg (including GGZ)/ Jeugd

Organisation Description

Ready4Life is a South African non-profit organisation, founded in 2007, active in the townships of Port Elizabeth and, more recently, in Pietermaritzburg and Muizenberg/Hout Bay (Cape Town). Together with students, local youth, and the community, the organisation develops programmes aimed at improving social living conditions.

Enthusiastic students, volunteers, and local staff are professionally, socially, and actively committed to the community. The work focuses on empowering children and young people through education, social skills training, workshops, and practical support. Together with students, Ready4Life identifies the community's needs, and students then develop programmes based on these. Ready4Life places great value on multidisciplinary collaboration with students from different fields of study.

Over the years, the organisation has provided more than 1,300 students with a valuable and educational internship experience. Accommodation is arranged in guesthouses with self-catering facilities, and transport is provided via shared rental cars, giving students optimal freedom, including at weekends, while sharing costs wherever possible.

Learning Community Description

The learning community offers students the opportunity to guide and train young people in the townships in 21st-century skills such as critical thinking, creative problem-solving, communication, empathy, and intercultural skills.

Students design and implement their own projects in local schools, getting to know the local culture while establishing a continuous support process. Since students work in a different cultural context, a



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cultural coaching programme is provided. Coaches are familiar with the different cultures and, if necessary, act as a bridge.

In addition, Ready4Life prepares students through a two-week introduction, including team-building activities, to help them get to know each other and be fully prepared for their internship. The organisation is primarily based in Port Elizabeth, but with sufficient participation, internships can also take place in Pietermaritzburg or Muizenberg/Hout Bay (Cape Town). Please note that costs in Cape Town are significantly higher.

Student Profile

The internship requires independent and assertive students with strong adaptability, willing to work and live in a different culture. Students must be proficient in English, resilient, and have an interest in youth and social work.

This internship is ideal for students who wish to apply their academic knowledge in practice and develop their own skills in an international context. During the application interview, students' learning goals and focus areas for the internship will be discussed.

Specific Requirements

- **Number of internship places:** Max. 6 – Port Elizabeth, Max. 4 – Pietermaritzburg, Max. 2 – Hout Bay/Muizenberg (Cape Town)
- **Internship allowance:** None
- **Visa:** Standard Visitor Visa for 90 days, extendable for an additional 90 days at a cost. (Due to visa regulations, students may not receive financial or in-kind compensation)

Internship Periods

- Period 1: 16 February 2026 – 10 July 2026 (28 hours/week) or
- Period 2: September – January (24 hours/week) or
- Period 3: January – July (16 hours/week)

Application Procedure

- Start of internship: February 2026 / September 2026 / January 2027
- Application process: From Expo 8 October 2025 – via Ready4Life's digital application form
- Deadline: To be agreed

Contact Person – University of Applied Science Rotterdam:

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