

# Train Travel Guide



ROTTERDAM UNIVERSITY  
OF APPLIED SCIENCES

Destinations  
Legend

# Where are you travelling to?

Are you travelling within Europe for work in the near future? This map provides insight into destinations that are easy to get to by train.

Click on the country of your choice. You will land on a page showing cities in the selected country. You will find information on:

- The total travel time from Rotterdam centre to the city centre of your choice
- The level of comfort on your journey and how many times you have to transfer
- The CO2 emission of your journey



Click on your destination, this map is interactive!



# Legend



## Destinations

This map displays a selection of destinations in Europe, based on our colleagues' travel history.



## Train travel time

The train travel times are based on the options with shortest travel time and the least amount of transfers. All journeys are calculated from the centre of Rotterdam to the centre of the city you are travelling to. Current search results may differ from the travel time displayed in this document.

## Aeroplane travel time

These are based on flight duration + travel time (to and from the airport) + waiting time (check-in and customs). All journeys are calculated from the centre of Rotterdam to the centre of the city you are travelling to. The travel time + waiting time are standardised to +3 hours added to the flight duration.



## Number of transfers

The number of train transfers is based on options with the shortest travel time and the least amount of transfers.

The number of aeroplane transfers include the transfer by train to get from Rotterdam to Schiphol Airport and the number of layovers to get to the airport of your destination.



## CO2 emission (kg) flying versus train

The CO2 emission has been calculated with an online tool called Ecopassenger. Emissions of other pollutants are also included in the calculation. If Ecopassenger did not have data on a destination, the CO2 emission was calculated by multiplying 0.026 (WTW of Train International) or 0.297 (WTW of Aeroplane Regional < 700 km) with the number of kilometers from Rotterdam to the end destination. The WTW\* values are from [www.co2emissiefactoren.nl](http://www.co2emissiefactoren.nl). \* WTW = Well to Wheel or source to wheel. This encompasses all emissions from energy generation to consumption.



## The Travel Advice

The travel advice is based on the comparison of traveling by train and aeroplane. Our point of reference is that green travel is the preferred option. There are three types of advice: Always take the train, consider taking the train and travel by train is not the best option.

# Legend (2)



Always take the train



Consider taking the train



Travel by train is not the best option



Aeroplane



Night train



Ferry



**Comfort label**

When the longest train journey is over an hour longer than the longest flight and has 3 or less transfers, the destination receives a comfort label.

## Acknowledgments

*This sustainable green travel train map is based on the Train Map by Universiteit Utrecht who have given their permission to use the map to inspire and adapt the idea to fit Rotterdam University of Applied Science's needs.*



# Where do you want to go?

Destination 

Travel time 

CO2 

Transfers 



Destination	Travel time	CO2	Transfers	
<b>Austria</b>	 	 	 	
Innsbruck 	06:45 10:50	269 52	2 4	
Salzburg 	06:00 10:40	284 52	2 3	
St Polten	05:20 14:45	328 57	1 5	
Vienna 	04:50 15:20	346 62	1 2	
<b>Belgium</b>				
Brussels	04:00 01:20	62 10	2 0	
<b>Bulgaria</b>				
Sofia 	05:40 35:00	637 114	1 4	
<b>Czech Republic</b>				
Brno	07:30 16:00	331 57	1 4	



# Where do you want to go?

Destination 

Travel time 

CO2 

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## Czech Republic (2)

Ceske Budejovice

Prague



06:45

14:25

384

73

2

4



04:30

10:55

397

70

1

3



## Croatia

Rijeka 

Zagreb 

08:05

20:30

284

52

1

4



04:50

18:00

262

47

1

4



## Denmark

Aarhus

Copenhagen 

Esbjerg

Kolding 

05:35

11:50

204

43

1

4



04:30

11:15

233

43

1

3



05:55

10:00

157

42

1

4



05:20

09:05

171

38

1

3



# Where do you want to go?

Destination 

Travel time 

CO2 

Transfers 



## Estonia

Tallinn



05:20



37:00



535



114



1



5



## France

Bordeaux 

04:45

07:00

333

53

2

2



Dijon 

06:20

06:00

202

35

2

2



La Rochelle 

06:10

06:30

291

47

2

2



Paris 

04:25

02:40

153

23

1

0



## Germany

Aachen

05:20

02:30

71

12

1

1



Berlin 

04:25

07:35

218

36

2

2



Cologne

06:30

03:15

80

13

2

1



# Where do you want to go?

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## Germany (2)

Dusseldorf 



Frankfurt 



Hamburg 



Mainz 

Munich 

Stuttgart 

		
Dusseldorf	03:50	02:30
Frankfurt	04:05	04:30
Hamburg	04:00	05:30
Mainz	04:05	05:05
Munich	04:25	08:40
Stuttgart	04:20	05:10

		
Dusseldorf	69	11
Frankfurt	135	24
Hamburg	138	28
Mainz	131	22
Munich	246	44
Stuttgart	182	33



		
Dusseldorf	1	1
Frankfurt	1	1
Hamburg	1	2
Mainz	1	1
Munich	1	2
Stuttgart	1	2





## Greece

Athens 

Thessaloniki 

		
Athens	06:05	42:00
Thessaloniki	05:50	44:00

		
Athens	790	151
Thessaloniki	692	126

		
Athens	1	6
Thessaloniki	1	5



## Hungary

Budapest 

		
Budapest	05:00	16:00

		
Budapest	420	74

		
Budapest	1	5





# Where do you want to go?

Destination 

Travel time 



CO2 



Transfers 




## Italy

Ancona 

 06:35  21:00

 426  80

 2  7



Bologna

05:50 19:30

364 68

1 7



Catania 

05:50 32:00

666 126

1 8



Florence 

05:00 19:15

388 73

1 7



Milan 

04:45 16:30

302 55

1 5



Palermo 

05:35 43:00

622 133

2 4



Rome  

05:15 17:50

473 86

1 2



Venice 

04:45 17:45

344 70

1 3



## Latvia

Riga

05:15 34:00

491 98

1 4



# Where do you want to go?

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Transfers 




## Lithuania

Vilnius

   
05:20 28:00

   
502 95

   
1 4



## Norway

Oslo

04:45 20:50

337 75

1 4



Trondheim

07:00 29:00

466 94

1 7



## Poland

Gdansk

04:40 16:00

346 65

1 4



Poznan

04:40 12:45

302 48

1 4



Szczecin

06:50 13:00

246 47

2 5



Wroclaw

04:40 12:45

313 54

1 4



# Where do you want to go?

Destination 

Travel time 

CO2 


Transfers 



## Portugal

Faro

   
06:00 27:00

   
712 123

   
1 5



Lisbon

06:00 29:00

673 113

1 6



Porto

07:00 31:00

582 105

2 9



## Romania

Bucharest

05:40 35:00

655 118

1 4



## Serbia

Belgrado

05:15 25:00

517 94

1 4



## Slovakia

Bratislava  

04:50 17:00

362 65

1 3



# Where do you want to go?
























Destination 

Travel time 

CO2 

Transfers 



Destination	Travel time	CO2	Transfers	Leaf icon
<b>Slovenia</b>	 	 	 	
Ljubliana  	05:00 16:00	362 65	1 3	
<b>Spain</b>				
Barcelona 	05:00 13:40	448 78	1 3	
Bilbao 	05:10 16:00	420 71	1 3	
Madrid 	06:20 20:00	535 89	1 3	
Sitges 	05:35 17:00	455 90	1 3	
Valencia 	05:15 21:00	539 96	1 3	
<b>Switzerland</b>				
Bern 	05:25 08:00	229 44	1 3	
Geneva 	04:30 07:40	251 51	1 2	



# Where do you want to go?

Destination 

Travel time 



CO2 


Transfers 



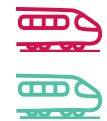
## Switzerland (2)

Lucerne   
Zurich 









   
05:20 08:10  
04:25 08:00

   
233 44  
224 43

   
1 3  
1 3



## United Kingdom

Bristol   
Cambridge   
Edinburgh   
Liverpool   
London   
Manchester   
Newcastle   
Oxford 

04:20 05:30  
04:55 04:35  
04:30 08:30  
04:20 07:00  
04:15 03:30  
04:20 06:30  
04:20 18:00  
05:05 05:30

186 34  
113 28  
233 49  
193 44  
126 25  
175 34  
349 54  
149 30

1 1  
2 1  
1 1  
1 2  
1 0  
1 2  
1 5  
2 3



**For more information about travelling abroad, see our [HINT page](#) where you can find practical tips on how to arrange your business trips.**

